

## Helpful Resources

“South Shore- Be Well Connected”

543-9550

Toll free 1-877-7770-9550

<http://www.southshorepubliclibraries.ca/bwc>

**Kids Helpline:** 1-800-668-6868

**Teen Place Youth Health Center:**

644-3430

**Community Youth Outreach Program:**

527-1295

**Bullying Hotline:** 490-SAVE (7283)

**Mental Health Services, South Shore**

**Health:** 527-5228

[www.mentalhealthsouthshore.ca](http://www.mentalhealthsouthshore.ca)

**Parent Help Line:** 1-888-603-9100

**South Shore Family Resource Association:**

(Bridgewater) 543-1301

(Queens) 354- 7176

**Child Safety Link:** [www.childsafetylink.ca](http://www.childsafetylink.ca)

**Workers Compensation Board of NS:**

[www.wcb.ns.ca](http://www.wcb.ns.ca)

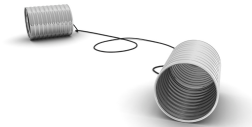
**Occupational Health and Safety:**

1-800-952-2687

**IWK Regional Poison Center:**

1-800-565-8161

**For more information about South  
Shore Safe Communities call the  
number listed below:**



### **SSSC Coordinator**

Public Health Services

543-0850

Gateway Plaza

Suite 109,

215 Dominion Street

Bridgewater

Nova Scotia

B4V 2K7



**Visit our website:**

[www.southshore.safecommunities.ca](http://www.southshore.safecommunities.ca)



**South Shore Safe Communities**

To be revised 2012

Prepared by – Public Health, SSH

## South Shore Safe Communities

is part of a National Safe Communities Organization. The organization was started by Paul Kells.

Paul's 19 year old son, Sean, died in 1994. A highly flammable chemical exploded while he was working with it.

It was Sean's third day on the job. He did not receive any health and safety training. Sean was not even told that what he was doing was dangerous.

Safe Communities started in 1996. So far the "Safe Community" title has been given to over 40 communities in Canada.

Together we share the same vision: ***To make Canada the safest country in the world to live, learn, work and play - one community at a time.***



Visit: [www.safecommunities.ca](http://www.safecommunities.ca)

We have **four** priority areas on the South Shore of Nova Scotia.

## Bullying Prevention –

We want people to know more about bullying and how it might take place in our schools and communities.

The group also looks for ways to prevent and reduce bullying within our communities.

## Falls 0-4 years –

Our goal is to lower the number of falls in children ages 0-4 years.



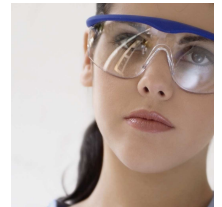
We work towards this goal by providing resources and educational opportunities to support communities on the South Shore.

As well, South Shore Safe Communities supports community efforts to prevent falls in seniors.

## Suicide Prevention –

We work to prevent suicide by:

- Supporting the work of the bullying prevention group.
- Educating front line workers in suicide risk intervention.
- Working with mental health.
- Working with addiction services.
- Helping to build protective factors in youth.



## Workplace Safety –

This group focuses on preventing workplace injuries in youth through links with other community organizations.

We promote workplace safety resources for youth like the Passport to Safety. We are actively trying to engage youth in our working group.

**Check it out!!!** [www.passporttosafety.ca](http://www.passporttosafety.ca)

